

Sustainable Food: Production & Consumption



JYDERUP | AARHUS

Core Course Week
DIS Copenhagen | Spring 2019










Name: _____

Study Tour and Core Course Week Objectives:









- Gain a deeper and more nuanced understanding of the values that drive people to pursue and the ways they find to contribute to a transition towards a good, clean and fair food system.
- Learn about different food getting strategies of the human species and their possibilities to contribute to a more sustainable food system.
- Acquire a better understanding of the inner workings of a rationalized industrialized agro-food complex.
- Explore and learn more about Denmark through exposure to its culture, history and socioeconomic climate and above all through its connection to food and agriculture.
- Engage in your personal learning process outside the classroom by actively participating and challenging your current ideas and assumptions.
- Get to know your fellow students and professor in an educational and social setting outside DIS.


Study Tour Leaders	<p>Ed Romein Faculty, Sustainability Program Tel. +45 2818 3524</p> <p>Ally Mackender Study Tours Coordinator Tel.+45 3067 1010</p>
DIS Office DIS Emergency Emergency Response	<p>+45 3311 0144 (8.30-16.30)</p> <p>+45 3067 1000 (24hrs)</p> <p>112</p> <p><i>If you officially disclosed an allergy and/or dietary restriction and/or have been granted reasonable accommodations on study tour based on a documented disability, this information has been shared with your tour leaders. However, it remains your responsibility to seek necessary medical care in advance of your study tour and manage your health while on tour.</i></p> <p><i>If you would like your leader to know more about your medical or disability history, it is up to you to disclose it to them. In addition, if you need reasonable assistance in managing a health condition while on tour (e.g. if you have seizures and want leaders to know how to act if one occurs on tour or have an epi pen you would like someone to locate for you should you have an allergic reaction, or similar), it is up to you to request such assistance directly from your fellow students/leaders. If you have questions or would like assistance in this process, please contact the Care Team at care@dis.dk</i></p>


MONDAY, FEBRUARY 4

9.00-9.30		Welcome to Core Course Week Location: N7-B12 The day is dedicated to local solutions to global challenges in the food supply chain.
9.30-10.30		Copenhagen Food Initiatives: Local solutions to global challenges: Preparations Preparation in teams for the different visits.
10.30-12.30		Copenhagen Food Initiatives: Local solutions to global challenges: Meetings Meeting local solutions to global challenges in Copenhagen
12.30-13.30		Break and Lunch on your own + preparation of the stories
13.30-14.30		Copenhagen Food Initiatives: Local solutions to global challenges: Exchange Location: N7-B12
14.30-14.45		Short Break
14.45- 15.30		Copenhagen Food Initiatives: Local solutions to global challenges: Write Up Formulating lessons and insights into a blog post
15.30-15.45		Wrap up










TUESDAY, FEBRUARY 5





8.45 - 9.00		<p>Meet up at:</p> <p>Gloria Biograf & Café Rådhuspladsen 59 1550 København V</p>
9.00-10.30		<p>Screening documentary on food waste</p> <p><i>Wasted! The story of food waste</i> by Anthony Bourdain</p> <p>Location: Gloria Biograf & Café Rådhuspladsen 59 1550 København V</p>
10.30-11.00		Break
11.00-12.30		<p>Guest Lecture: Paul Kledal Independent expert - Institute of Global Food & Farming</p> <p>The potential of Aquaponics in a sustainable food system.</p> <p>Location: N7-B12</p>
12.30-14.00		Lunch on your own
14.00-15.30		<p>Redesign the food system with Lego Serious Play!</p> <p>Interactive workshop facilitated by Esben Lydixsen</p> <p>Location: N7-B12</p>
15.30-16.00		<p>Wrap up. Location: N7-B12</p>
16.00-18.00		Time on your own

18.00-20.00		Class Social Shared Vegetarian / Vegan meal @: H15 Halmtorvet 15 Grå Kødby 1700 København V https://h15.dk/
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WEDNESDAY, FEBRUARY 6			
		All Day Off – Explore Copenhagen and Prepare for Short Tour	



THURSDAY, FEBRUARY 7

7.45		Meet at Frue Plads <i>REMEMBER TO BRING WARM CLOTHING, RAIN GEAR AND PRACTICAL SHOES</i>
		Depart for group visit
9:00-11:00		Group visit: Svanholm Gods 16A 4050 Skibby <i>Svanholm Gods is a co-housing project and an organic farm situated on an old estate in beautiful surroundings.</i>
11:00		Depart for next visit
11:30 – 13:30		Academic activity and lunch: Speciallandbruget Muld Eriksholmvej 26 4390 Vipperød <i>Self-sufficient organic farm and restaurant run by Ane Hoffmeyer (farmer and multiple roles) and Jens Jensen (farmer and chef).</i>
13:30		Depart for next visit
14:00-16:00		Academic Activity Foraging around Dragsholm Slot Meeting Point: Vejrhøj Parkering Vindekilde Strandvej 29-17 4540 Fårevejle
16:00		Depart for Jyderup Højskole by bus
16:30		Arrive/check in: Jyderup Højskole Sølystvej 2 4450 Jyderup Tlf. +45 59 22 44 80 <i>You will be staying at Jyderup folk high school in beautiful surroundings, meeting and eating with students who lives at the folk high school for a semester.</i>









17:00		Welcome by Poul-Henrik Jensen, Dean of Jyderup Højskole
18:00		Group Dinner at Jyderup Højskole
19:30		Social activity with students at Jyderup Højskole
		Rest of the evening on your own


FRIDAY, FEBRUARY 8

8:00		Breakfast at Jyderup Højskole <i>Please remember to tidy your rooms, return room keys, and load luggage on bus</i>
9:00		Load luggage on the bus
9:15		Depart Jyderup Højskole for group visit by bus
12:00-14:00		Group visit: Danish Crown Slaughterhouse Besøgsafdelingen Østbirkvej 2 8700 Horsens <i>Danish Crown is Denmark's biggest slaughter house with more than 26.000 co-workers and a turnover of more than 60 billions pr. year.</i> Rules for visit: No smoking or eating at the property of Danish Crown due to high hygienic regulation
14:00		Depart by bus for next visit
14:30 – 16:00		Group visit: Troldgaarden – Organic Farming Troldkirkevej 4 8732 Hovedgård Vedslet <i>Troldgården is an organic farm mainly focused on pig farming and specializing in making excellent charcuterie. The heart of the farm is mother and son, Birgitte and Philip, who runs the farm.</i>
16:00		Depart group visit for hotel
16:45		Arrive/check in: Cabinn Århus Kannikegade 14, 8000 Aarhus Phone: +45 86 75 70 00
17:00-19:00		Time on own

19.00		<p>Group Dinner: Frederiksgade 42 8000 Aarhus C Tel. +45 6068 9606</p> <p><i>The restaurant earned a bib-gourmand from the Michelin Guide in 2017 and keeps their menu 60-90 % organic in the middle of Århus cosy city center.</i></p>
		<p>Rest of the evening on your own</p>

SATURDAY, FEBRUARY 9

From 6:30		Breakfast at Cabinn <i>Please remember to tidy your rooms, return room keys, and load luggage onto the bus</i>
9:45		Meet in lobby to check out and load luggage on the bus
10:00 – 12:00		Time on own to explore Århus <i>If you wish to visit AROS Art Museum, please meet your tour leaders in the lobby at 10:00 to depart – your tour leaders will pay for admission to the museum.</i>
12:00		Group Lunch: Langhoff & Juul Guldsmedgade 30 8000 Aarhus Tel. +45 3030 0018 <i>A restaurant with high focus on using local ingredients and keeping the menu organic and following the seasonal changes.</i>
13:30		Depart for ferry
14:00-15:15		Depart by ferry Molslinjen Hveensgade 4 8000 Århus C
15:30-16:30		Academic Visit Ørnberg Vineyard Drusbjergvej 2 4583 Sjællands Odde <i>Ørnberg Wine is a vineyard at Sjællands Odde. Ørnberg Wine was created in 2007 by Niels Esbjerg Jensen and Anders Ørnberg Eriksen. The goal has always been clear: to make wine with Danish character and international quality! The conditions to reach the goal are optimal: The field is situated on a southern slope in one of Denmark's warmest and sunniest areas; Sjællands Odde. The field overlooks Sejerøbugten that besides providing a high light radiation on the field also helps to counteract problems of late frost in spring and early frost in the fall.</i>
16:30		Depart to go to Copenhagen

approxx 18:00		<p>Approximate arrival in Copenhagen</p> <p><i>In order to constantly improve and enhance our Study Tours, please take a moment to fill out the Study Tour evaluation. You will be sent a link.</i></p>
<p>END OF CORE COURSE WEEK</p>		

SUS FOOD CCW

07-02-2019 - 09-02-2019

Total on tour: 27

Total students: 25

Total other: 2



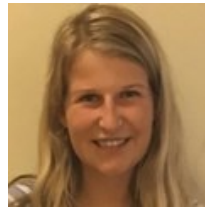
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Mackender, Allyson



Ammentorp, Meghan Mary
USA
University of Wisconsin - Madison



Bensen, Elizabeth Margaret
USA
University of Wisconsin - Madison



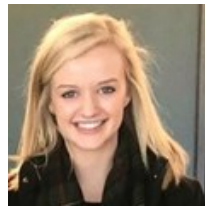
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College of William and Mary



Botos, Anne Elizabeth
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Georgetown University



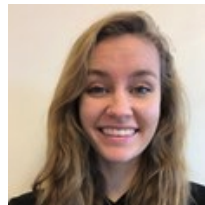
Burdette, Jaime
USA
Pennsylvania State University



Ciuba, Chandler Mackenzie
USA
Furman University



Dadourian, Elise M
USA
Brown University



Flanagan, Jordan Emma
USA
Saint Lawrence University



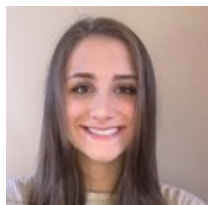
Freeman, Jackie Rita
USA
University of Michigan - LSA/CGIS



Gilmore, Josie
USA
University of Michigan - LSA/CGIS



Goidel, Sydney Emma
USA
Carleton College



Goldstein, Camryn Michele
USA
Bucknell University



Jermyn, Ella Carolyn
USA
University of Michigan - LSA/CGIS



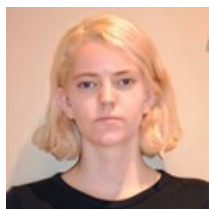
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Fordham University



Kellogg, Audrey Louise
USA
Skidmore College



Kravitz, Talya Sarah
USA
University of Maryland, College Park



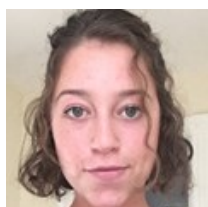
Manville, Annie Meredith
USA
University of Virginia



Moussa, Ella
USA
Barnard College



Nevins, Leora Yonit
USA
Brandeis University



Nottonson, Rebecca Matilda
USA
University of Vermont



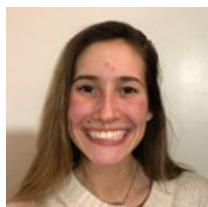
Rogers, Emilee Anne
USA
Indiana University



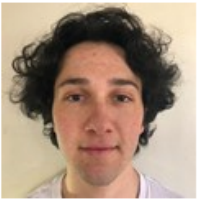
Shumrick, Francesca
USA
Ohio State University



Smith, Kenzie Elizabeth
USA
Gettysburg College



Sullivan, Shannon Elizabeth
USA
Wheaton College - Massachusetts



Weinberg, Kobi

USA

Brown University

INSURANCE MATTERS WHILE TRAVELLING ON DIS STUDY TOURS

Students enrolled at DIS have comprehensive health -, accident -, property - and personal liability insurance coverage through a combination of the **Danish national health system** and **Europæiske ERV**, which is valid throughout the world.

For further information and details, including forms and information on how to file insurance claims, please refer to the insurance conditions at www.disabroad.org/insurance.

You can also email insurance@dis.dk to have any questions answered.

THEFT

Keep your personal belongings in a safe place and **never leave them unattended or in unlocked premises**. ALWAYS keep a copy of your passport, Danish residence permit and CPR card in a location separate from your originals (e.g. in the bottom of your suitcase).

Should you have your personal belongings stolen during your study tour, please make sure to follow the guidelines below:

1. **ALWAYS** file a police report with the local police, and consult with your tour leader. Without a police report, the insurance company will reject your claim.
 - a. *"However, if, for an exceptional reason, the police cannot be notified at the location of the theft or robbery, e.g. on account of immediately imminent departure, the notification must be made as soon as possible following the Insured's return home, and the original receipt for the notification must be sent to Europæiske ERV."*
2. If your wallet (incl. transportation pass, purchase card, credit card, phone) is stolen, cancel them as soon as possible (you can reference the DISAbroad website for further advice).
3. If your passport is stolen, you will need to go to the closest embassy or consulate with the copy of your passport to have an emergency passport issued.

MEDICAL EMERGENCIES

ALWAYS keep your Danish National Health Card (the CPR card) on you. If you need to see a doctor or go to the emergency room, consult with your study tour leader who will assist you. In a life-threatening emergency call 112, or the local emergency number, before your study tour leader.

Present the doctor/hospital with your CPR card as your personal ID. In some countries, you might be asked to pay up front, but remember to bring all medical receipts, prescriptions and doctor's statements back to DIS; this paperwork will be necessary to get your expenses covered through the insurance.

DIS CODE OF STUDENT RESPONSIBILITY

Students and tour leaders are expected to uphold and follow the expectations of the DIS Code of Student Responsibility while on study tour. The full Code is available online in the “Student Resources” section for both Copenhagen and Stockholm. Students are reminded of the following Code sections, which are particularly relevant while on study tour:

- Students are expected to contribute to a positive community while on study tour.
- Obstruction of study tour activities *is prohibited*. Students are to comply with directions of DIS officials and partners acting in performance of their duties, including communication of guidelines, directives, timetables and instructions.
- Students are financially responsible for their own actions and any property damage, fines, etc. are the responsibility of the student to rectify.
- Students who choose to consume alcohol do so with the knowledge that they remain responsible for their actions at all times. Being under the influence of alcohol during or between study tour visits *is prohibited*. *Extreme or repeated intoxication at any time is prohibited*.
- Students may not purchase, possess, use, or distribute any drugs considered to be illicit, illegal, or a controlled substance in Denmark, Sweden, and any country they visit while enrolled with DIS (including study tour travel). Students may not use drugs legally prescribed to another person or inappropriately/illegally use otherwise legal drugs. Students are further cautioned that the possession of illegal drugs is often dealt with harshly by local law enforcement

DIS tour leaders are obligated to report any violation of the Code of Student Responsibility including inappropriate behavior or negative participation to both the DIS Study Tours Department as well as the Office of Academic Support.

Inappropriate behavior on any DIS study tour can also result in dismissal from DIS without refund of tuition or study tour costs.

DIS STUDY TOUR EMERGENCY PROCEDURES

First Priority: Protection of Life and Wellbeing

In case of an emergency your first priority is to ensure that you are in or evacuate to a safe area. Follow the directions of local authorities, where present, and note that often the safest decision is to remain where you are.

Second Priority: Call for Assistance

If you, or anyone with you is injured or in direct risk of being injured, call **112** or the local emergency number.

Then, call one of your tour leaders (contact numbers are found on the front page of this booklet).

In the unlikely event that you cannot reach your tour leaders, call the 24/7 DIS Emergency Phone:

Copenhagen: +45 30 67 10 00

Stockholm: +46 72 14 12 862

After reaching safety, calling for assistance, and reaching a DIS staff member, stay off the phone to conserve your battery and so that your line is open if someone needs to reach you.

Third Priority: Assist the injured and/or attempt to eliminate further hazard

If you are able to take steps to eliminate a hazard from spreading or be of aid to injured people **without putting your own safety at risk**, you should do so if it can prevent further injury or loss of life.

Fourth Priority: Inform your family/personal emergency contact

Only after the immediate risk is mitigated, inform your family/emergency contact person of your status and situation.

DIS will assist you in communicating with your home institution, and any other necessary parties.

DENMARK

Skagen

Gothenburg

SWEDEN

Aalborg

Skive

Randers

Herning

Aarhus

Skanderborg

Horsens

Samsø

Vejle

Copenhagen

Helsingborg

Lund

Malmö

Jyderup

Roskilde

Esbjerg

Fanø

Kolding

Odense

Ribe

Haderslev

Svendborg

Sønderborg

Møn

Ærøskøbing

Flensburg

GERMANY

