

The European Urban Experience: Why Cities Matter



AALBORG

Core Course Week
DIS Copenhagen | Spring 2019



Name: _____

Core Course Week Objectives:

- Provide you with real-life experiences of current debates in city planning, such as gentrification, waterfront redevelopment or bike friendly city
- Understand the role of history and governance in shaping a city
- Be able to reflect on the complex relationship between the various scales of the urban experience
- Engage in your personal learning process outside the classroom by actively participating and challenging your current ideas and assumptions
- Get to know your fellow students and instructor in an educational and social setting outside DIS

Core Course Week Focus:

The focus of the CCW is cities and their harbours, touring Aalborg and Copenhagen

Short Study Tour: Aalborg

CCW will commence with a short study tour to Aalborg, offering an experience of a second tier European city. As such Aalborg represents the urban scale common to the majority of urban inhabitants. Aalborg is a Nordic port and industry city in northern Jutland, with a strong industrial history and cultural identity, highlights including Utzon Center and Musikkens House. The municipality is especially noteworthy in its pro-active, innovative and dynamic approach to transforming from an industrial to a post-industrial city of higher learning.

- Learn about the single-minded, industrious and innovative forces of Aalborg, a Danish city with a strong industry and port culture and identity.
- Learn about dynamics and drivers of urban development and transformation of a Nordic city.
- Experience the culture amenities of Aalborg, and Nordic Noir of Nordkraft, an industrial icon of Aalborg

Aalborg urban development past – present –

- 1970's higher learning - University Campus
- 1990's neighbourhood empowerment – Aalborg Øst
- 2000's harbourfront transformation - Nordkraft
- 2020's urban expansion – Stigsborg













Field Study: Copenhagen

The latter part of CWW will be back in Copenhagen, for explorations of harbourscape transformations currently underway.

- Learn about transformations of former working harbor into residential and recreational occupancy and use
- Learn about current large-scale harbourscape expansion and development
- Learn about “The Copenhagen” for urban re-generation

Study Tour Leaders	<p>Regitze Hess <i>DIS Faculty</i> Tlf. +45 6124 7762</p> <p>Silvia Dragomir <i>DIS Lecturer</i> Tlf. +45 5027 3126</p>
<p>DIS Office</p> <p>DIS Emergency</p> <p>Emergency Response</p> <p>U.S. Embassy</p>	<p>+45 3311 0144 (8.30-16.30)</p> <p>+45 3067 1000 (24hrs)</p> <p>112</p> <p>If you officially disclosed an allergy and/or dietary restriction and/or have been granted reasonable accommodations on study tour based on a documented disability, this information has been shared with your tour leaders. However, it remains your responsibility to seek necessary medical care in advance of your study tour and manage your health while on tour.</p> <p>If you would like your leader to know more about your medical or disability history, it is up to you to disclose it to them. In addition, if you need reasonable assistance in managing a health condition while on tour (e.g. if you have seizures and want leaders to know how to act if one occurs on tour or have an epi pen you would like someone to locate for you should you have an allergic reaction, or similar), it is up to you to request such assistance directly from your fellow students/leaders. If you have questions or would like assistance in this process, please contact the Care Team at care@dis.dk</p>













MONDAY, FEBRUARY 4

7.20		Meet the group at Copenhagen Central Station Remember your lunch packs!
7:52		Depart for Aalborg by train
Approx. 12:15		Arrive at Aalborg Station
		Walk from Aalborg Station to Cabinn Aalborg
Approx. 13:00		Arrive and drop bags: Cabinn Ålborg Fjordgade 20 9000 Aalborg Tel. +45 96 20 30 00
		Lunch on own
13:50		Meet in lobby to depart for group walking tour Dress for the weather!
14:00- 16:00		Group Tour: Aalborg's Harbourfront Transformation <ul style="list-style-type: none"> - Musikkenshus - Nordkraft - AAU: Aalborg University - Utzons Center [from the outside] - Toldboden - Limfjord Bridge
16:00		Return to hotel for official check in
17:45		Meet in lobby and depart on foot to group dinner
18.00		Group Dinner Restaurant Flammen Aalborg Østerågade 27, 9000 Aalborg
		Rest of evening on own







TUESDAY, FEBRUARY 5

7:45		Breakfast at hostel
8:45		Meet in hostel lobby to depart for group tour
		Depart by public bus to academic visit
9:30-11:00		Group Visit: Aalborg Kommue, By & Landskab forvaltning Stigsborg Brygge 5 9400 Nørresundby Stigsborg – Aalborg's current large-scale urban development project
11:00-11:45		Site visit: Walk around Stigsborg site
		Depart by public bus to lunch
12:30-13:30		Group Lunch: Café Lindholm Vendilavej 11, 9400 Nørresundby +45 99 31 74 41
13:30-15:00		Group Visit: Lindholm Høje & Lindholm Høje Museum
		Depart by public bus to group activity
15:00-17:00		Group Activity: Out and About in Ålborg Mass transit, cycling, and walking led by Regitze and Silvia Return to the city center
17:30		Return to the hostel
18:30		Meet at hostel to depart for group dinner by foot
18:45		Group Dinner: Duus Vinkælder Østerågade 9 9000 Aalborg Tlf. +45 98 12 50 56
		Rest of evening on own










WEDNESDAY, FEBRUARY 6

8:15		Breakfast at hotel
9:15		Meet in lobby <i>Return room keys, check out of hotel, and store luggage for the day.</i>
9:30		Walk from Cabinn to KUNSTEN
10:00 – 11:30		Group Visit: KUNSTEN Museum of Modern Art Special Exhibition: Kurt Trampedach – Dark Encounters Museum built by Alvar Aalto
11:30		Walk from KUNSTEN back into city center
12:00		Lunch on own <i>Suggestions:</i> <i>CW Obels Plads area</i> <i>Kafe Klostersortet</i>
13:30		Meet at Utzon Center Slotspladsen 4
13:30 - 15:00		Group Visit: Utzon Center Permanent Exhibition: Jørn Utzon Special Exhibition: In the World of an Architect - Reiulf Ramstad Architects
		Return to hotel to pick-up luggage
15:45		Walk from Cabinn to Train Station
16:44		Depart by train to Copenhagen
21:08		Arrive in Copenhagen <i>In order to constantly improve and enhance our Study Tours, please take a moment to fill out the Study Tour evaluation. You will be sent a link.</i>

THURSDAY, FEBRUARY 7

13.00 – 16.00		Flagships and Fringe areas Exploring Copenhagen's inner harbor and outer edges
13:00		Meet on the plaza in front of BLOX
13:00-14:00		Visit DAC & BLOX
14:35		Embark harbor bus 99x from "Det Kongelige Bibliotek" - See Copenhagen's harbourscape from the water
15:00		Disembark at Teglholmen Tour Sluseholmen & Teglholmen on foot
16:00		Return with Bus 34 from Sydhavn to city center

FRIDAY, FEBRUARY 8

10.00 – 16.00		North to Nordhavn Exploring Copenhagen's northern harbour expansion
10:00		Mobility Challenge Get to Nordhavn on your own
10:30		Meet at Nordhavn Station on the platform
		Walk from Nordhavn Station to Energy Hub
11:00 – 12:00		Energy Hub & Energy Lab - Lindberg CPH - Urban Creators - & other urban practices & consultants E-Hub Nordhavn Sundkaj https://www.ehubnordhavn.dk
12:30 – 13:30		Group Lunch: Depanneur Orientkaj 4, 2150 København http://depanneur.dk/
13:30 – 15:00		Silos transformed Nordhavn Exhibiton Parking Garage & Playgrounds Aarhusgade Kvarteret
		Nordhavn Exhibiton
15:00		Conclude at Göteborg Plads



S-train from Nordhavn

APPENDIX/REFERENCES

Aalborg

- *Fabrik: Industrial Architecture in Aalborg*. B Architectural Publisher 2002. ISBN: 87-989138-0-8. <http://b-arki.dk/>
- *Industri Arkitektur* B Architectural Publisher 2010. ISBN: 978- 87-92700-00-1. <http://b-arki.dk/>
- Nordkraft

Nordhavn:

- CIS: Copenhagen International School <https://www.cis.dk/welcome/the-new-campus/nordhavn-campus-factsheet>
- COBE, *Our Urban Living Room: Learning from Copenhagen*, Arvinus + Orfeus 2016. ISBN: 978-91-87543-39-5
- Copenhagen Model Regenerating Cities Nordhavn <https://nextcity.org/daily/entry/copenhagen-model-regenerating-cities-nordhavn>
- <http://depanneur.dk/depanneur-cobe-cafe/>
- E-Hub Nordhavn <https://www.ehubnordhavn.dk>
- Nordhavn: <http://www.nordhavnen.dk/english.aspx>
- Nordhavn exhibition – Himmel og Hav! [Heaven & Earth]
- <http://www.nordhavnen.dk/english/uk-nh-experiencenordhavnen/uk-exhibition.aspx>
- Nordhavn: From Idea to Project
- Nordhavn Strategy
- <http://www.nordhavnen.dk/english/uk-nh-transformation2/uk-nh-nordhavnen/nh-marmormolen-uk/nh-uncity-uk.aspx>
- http://www.byoghavn.dk/english/development/districts-uk/district-nordhavnen-uk/uncity-uk/the+story+of+un+city.aspx?_ga=2.250784326.1129125493.1518867533-1456625872.1518729826
- Restaurant Silo <http://www.restaurantsilo.dk/velkommen.html>
- UN City <http://un.dk/>

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04-02-2019 - 06-02-2019

Total on tour: 19

Total students: 17

Total other: 2



Hess, Regitze Marianne



Dragomir, Silvia



Chen, Linyue

CN

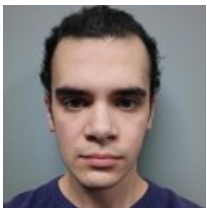
Claremont McKenna College



Climaco, Sierra Sierra

PH

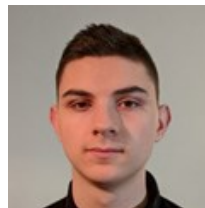
Dickinson College



Duwell, Ben

USA

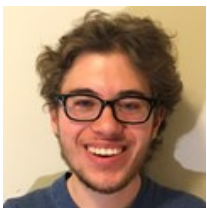
Franklin and Marshall College



Finch, Atlas T

USA

Amherst College



Finkelpearl, Max Henry

USA

Oberlin College



Gurbach, Lauren Trueblood

USA

Columbia University



Jimenez, Raquel Elena

USA

University of Michigan - LSA/CGIS



Johnson, Lenna Martena

USA

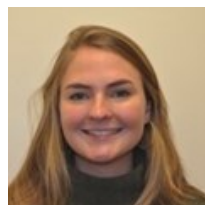
Montana State University - Bozeman



Lesch, Jordan Wayne

USA

University of Minnesota, Twin Cities



Lichtenberg, Sara Elizabeth

USA

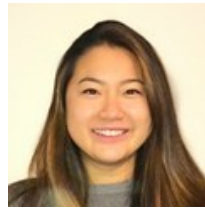
Denison University



Loncke, Tiffany Chanelle

USA

Barnard College



Lu, Corine

USA

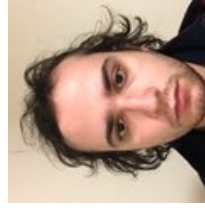
Yale University



Morris, Grace

USA

Bryn Mawr College



Morrison, Eva James

USA

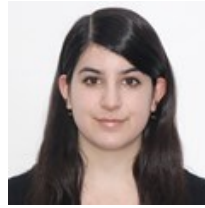
Haverford College



Mungovan, Kimberly Eileen

USA

Indiana University



Rosenbaum, Anthea Melissa

USA

Barnard College



Zisman, Jane Charlotte

USA

Kenyon College

INSURANCE MATTERS WHILE TRAVELLING ON DIS STUDY TOURS

Students enrolled at DIS have comprehensive health -, accident -, property - and personal liability insurance coverage through a combination of the **Danish national health system** and **Europæiske ERV**, which is valid throughout the world.

For further information and details, including forms and information on how to file insurance claims, please refer to the insurance conditions at www.disabroad.org/insurance.

You can also email insurance@dis.dk to have any questions answered.

THEFT

Keep your personal belongings in a safe place and **never leave them unattended or in unlocked premises**. ALWAYS keep a copy of your passport, Danish residence permit and CPR card in a location separate from your originals (e.g. in the bottom of your suitcase).

Should you have your personal belongings stolen during your study tour, please make sure to follow the guidelines below:

1. **ALWAYS** file a police report with the local police, and consult with your tour leader. Without a police report, the insurance company will reject your claim.
 - a. *"However, if, for an exceptional reason, the police cannot be notified at the location of the theft or robbery, e.g. on account of immediately imminent departure, the notification must be made as soon as possible following the Insured's return home, and the original receipt for the notification must be sent to Europæiske ERV."*
2. If your wallet (incl. transportation pass, purchase card, credit card, phone) is stolen, cancel them as soon as possible (you can reference the DISAbroad website for further advice).
3. If your passport is stolen, you will need to go to the closest embassy or consulate with the copy of your passport to have an emergency passport issued.

MEDICAL EMERGENCIES

ALWAYS keep your Danish National Health Card (the CPR card) on you. If you need to see a doctor or go to the emergency room, consult with your study tour leader who will assist you. In a life-threatening emergency call 112, or the local emergency number, before your study tour leader.

Present the doctor/hospital with your CPR card as your personal ID. In some countries, you might be asked to pay up front, but remember to hold onto all medical receipts, prescriptions and doctor's statements, as this paperwork will be necessary to submit in order to get your expenses covered through the insurance.

DIS CODE OF STUDENT RESPONSIBILITY

Students and tour leaders are expected to uphold and follow the expectations of the DIS Code of Student Responsibility while on study tour. The full Code is available online in the “Student Resources” section for both Copenhagen and Stockholm. Students are reminded of the following Code sections, which are particularly relevant while on study tour:

- Students are expected to contribute to a positive community while on study tour.
- Obstruction of study tour activities *is prohibited*. Students are to comply with directions of DIS officials and partners acting in performance of their duties, including communication of guidelines, directives, timetables and instructions.
- Students are financially responsible for their own actions and any property damage, fines, etc. are the responsibility of the student to rectify.
- Students who choose to consume alcohol do so with the knowledge that they remain responsible for their actions at all times. Being under the influence of alcohol during or between study tour visits *is prohibited*. *Extreme or repeated intoxication at any time is prohibited*.
- Students may not purchase, possess, use, or distribute any drugs considered to be illicit, illegal, or a controlled substance in Denmark, Sweden, and any country they visit while enrolled with DIS (including study tour travel). Students may not use drugs legally prescribed to another person or inappropriately/illegally use otherwise legal drugs. Students are further cautioned that the possession of illegal drugs is often dealt with harshly by local law enforcement

DIS tour leaders are obligated to report any violation of the Code of Student Responsibility including inappropriate behavior or negative participation to both the DIS Study Tours Department as well as the Office of Academic Support.

Inappropriate behavior on any DIS study tour can also result in dismissal from DIS without refund of tuition or study tour costs.

DIS STUDY TOUR EMERGENCY PROCEDURES

First Priority: Protection of Life and Wellbeing

In case of an emergency your first priority is to ensure that you are in or evacuate to a safe area. Follow the directions of local authorities, where present, and note that often the safest decision is to remain where you are.

Second Priority: Call for Assistance

If you, or anyone with you is injured or in direct risk of being injured, call **112** or the local emergency number.

Then, call one of your tour leaders (contact numbers are found on the front page of this booklet).

In the unlikely event that you cannot reach your tour leaders, call the 24/7 DIS Emergency Phone:

Copenhagen: +45 30 67 10 00

Stockholm: +46 72 14 12 862

After reaching safety, calling for assistance, and reaching a DIS staff member, stay off the phone to conserve your battery and so that your line is open if someone needs to reach you.

Third Priority: Assist the injured and/or attempt to eliminate further hazard

If you are able to take steps to eliminate a hazard from spreading or be of aid to injured people **without putting your own safety at risk**, you should do so if it can prevent further injury or loss of life.

Fourth Priority: Inform your family/personal emergency contact

Only after the immediate risk is mitigated, inform your family/emergency contact person of your status and situation.

DIS will assist you in communicating with your home institution, and any other necessary parties.

DENMARK

